



Attention Travelers Coming from Central and South America, Thailand, the Philippines and Vietnam

There is currently an outbreak of the Zika Virus Disease

If you are concerned that you
have been bitten by a
mosquito during
your travels and you are
exhibiting symptoms, **please
consult a quarantine officer.**



* If you exhibit symptoms after entering Japan, please
seek guidance at your local health center.

Avoid being bitten by a mosquito for 2 weeks after your return to Japan



To prevent the spread of the Zika Virus in Japan, **take measures to avoid being bitten by mosquitos for at least 2 weeks after coming to Japan**, by regularly applying bug repellent etc., **regardless if there are clinical symptoms or not.**

Use caution in sexual activity for at least 8 weeks after your return to Japan



If you are returning from an outbreak region, you should use a condom if you engage in sex, or refrain from sex altogether for **at least 8 weeks** (if your partner is pregnant, during her pregnancy) after your return to Japan, **regardless if there are clinical symptoms or not.**

More
information



Quarantine Station Website

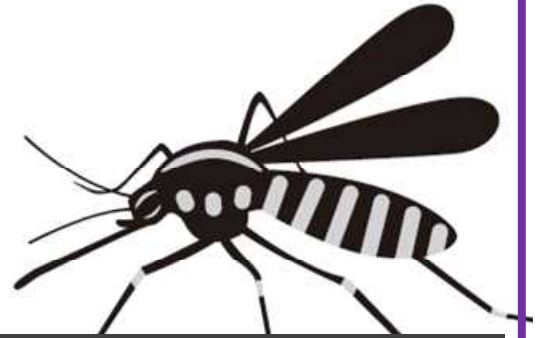
<http://www.forth.go.jp>



FORTH Zika



There is an outbreak of the **Zika Virus Disease** in Central and South America, Thailand, the Philippines and Vietnam



If you are coming from an outbreak region and you are concerned, speak to a Quarantine Officer

For travelers who have visited outbreak regions (cautions upon returning to Japan)



- You do not need to become overly concerned if you have been bitten by a mosquito; however, individuals who are concerned and who are exhibiting symptoms, such as a fever, should speak to a Quarantine Officer.
- To prevent the spread of the Zika Virus in Japan, **take measures to avoid being bitten by mosquitos for at least 2 weeks after returning to Japan**, by regularly applying bug repellent etc.

- If you are returning from an outbreak region, you should use a condom if you engage in sex, or refrain from sex altogether for **at least 8 weeks** (if your partner is pregnant, during her pregnancy) after your return to Japan, regardless if there are clinical symptoms or not.
- If you are concerned and exhibiting clinical symptom, seek guidance at your local health center.**

For more information on precautions for your return to Japan →

Quarantine Station Website FORTH
<http://www.forth.go.jp>

FORTH Zika



Zika Virus Disease

Symptoms

Mainly a mild fever, rash, conjunctivitis (red eyes), joint pain, muscle pain, malaise, headache etc.

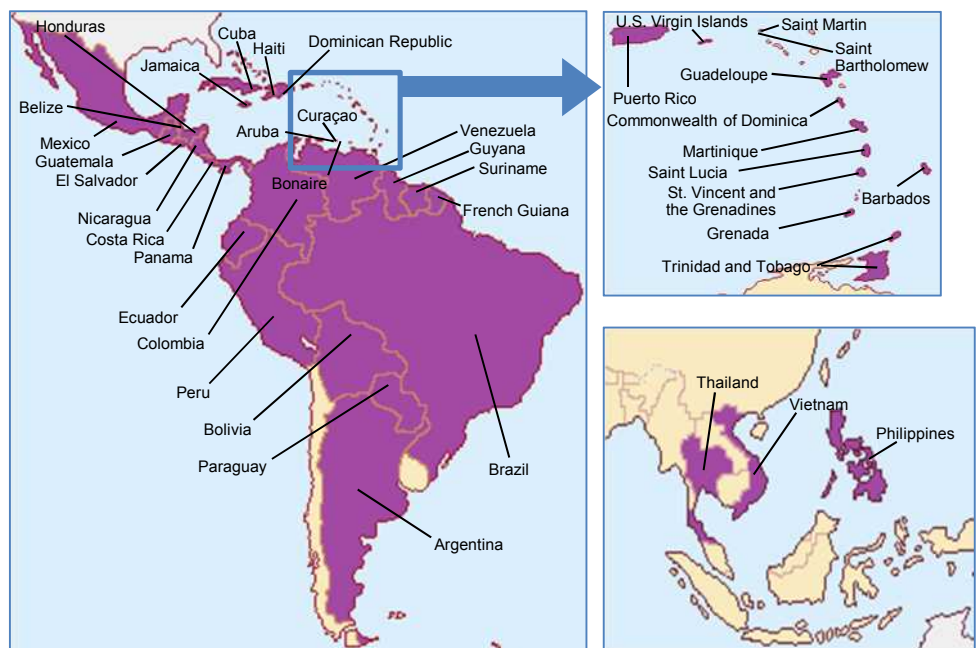
Infection Route

Infection occurs through the bite of a mosquito that carries the Zika virus. Infection may also occur through blood transfusion and sex. Not all infected people exhibit symptoms; some may not exhibit any symptoms or symptoms so mild they remain undetected.

Outbreak Regions

There are occurrences of the Zika Virus Disease in Africa, Central and South America, and the Asia-Pacific Region; outbreaks of the Disease have been spreading in Central and South America in recent years.

The Disease is also active in areas outside of Central and South America (American Samoa, Fiji, Kosrae Island of the Federated States of Micronesia, Marshall Islands, New Caledonia, Papua New Guinea, Samoa, Tonga, Cape Verde, Thailand, the Philippines and Vietnam).



*Outbreak regions in Central/South America and Asia as of May 27, 2016